



Xinalani RETREAT

WHAT TO BRING?

- Favorite yoga mat (although we have enough on property, there's nothing better than one's own mat)
- Sweaters & warm clothes (it gets chilly at night and in the morning)
- Surf board, bathing suit, sunglasses
- Music instruments, iPods
- Sunscreen and mosquitoes repellent (although we sell them on property)
- Beach clothes & flip flops (or any amphibian shoes)
Sneakers to go hiking
- A notebook if you feel inspired
- Books that you wish to donate to Xinalani library (for staff and guests)
- Cash: dollars & pesos, Visa, Discover or Mastercard
- White outfit (for candle light dinners)
- Binoculars (to watch whales from your terrace)
- Camera
- A book light to read at night in your bed or a head light as the lighting in the rooms is quite dim (we use only low consumption LEDs)
- Cell phone (we have full coverage)
- Smiles and good intentions

WHAT NOT TO BRING?

- Yoga props (we have plenty of blankets, blocks, straps, meditation cushions)
- Laptop computers (although we do have Wi-Fi in common areas and in Eco-chic rooms, you come to Xinalani to unplug)
- American Express card (we don't take it)
- Stress and bad vibes (don't worry, they will melt down the moment you step into the boat)
- Hairdryers: as our electrical circuits are not designed to withstand high intensity electric devices.
- Soap and shampoo, we provide guests with high quality biodegradable products that we recommend using, as we recycle water for irrigation.
- Towels: we will provide you with shower and beach towels