Xinalani RETREAT

restaurant - 7 days sample menu

DAY	BREAKFAST	LUNCH	DINNER
SATURDAY			• Guacamole & Chips • Corn on a cobb & Grader Cheese • Shrimp Tacos • Chipotle Chocolate Truffles
SUNDAY	• Orange & Pineapple Juice • House Bread, Strawberry Mermelade & Almond Butter • Granola, Yogurt & Fruit • Eggs alla Ranchero w/ red tomatoes sauce & white beans	• Hibiscus Ginger Ice tea • Black Bean Soup • Chicken Ceasar Salad • Brownies	• Veggie Chile Relleno • Fillet of Fresh Fish all Vera Cruz (Tomato Sweet Pepper, Sauce & Rice) • Avocado Lime Mousse
MONDAY	• Green Juice (Grapefruit, Celery, Parsley, Cactus Leaf) • Oatmeal, Almond Milk & Apples • Quesadillas with Roasted Nopales	• Mint & Green Ice Tea • Coconut Soup • Thai Fish Cakes on a bed of • Rice Noodles • Sesame Seed Cookies	• Xinalani Salad: Mixed Lettuces Beets, Apples, Carrots & Nuts • Veggie Lasagna • Vegan Chocolate Cake
TUESDAY	• Orange Juice • Home Made Granola w/ freshly cut Papaya, Strawberry & Kiwi • Blue Berries Pancakes	• Tamarind Fresh Water • Zuccini Blossom Soup w/ Guajillo oil • Chayote Squash & Cuitlacoche Quesadillas • Avocado Salad & Cactus leaf dressing • Mango Sorbet	• Mexican Salsa & Chips appetizers • Mixed greens & Cactus leaf Salad • Selection of veggie Enchiladas (Stuffed with Mushrooms, Poblano Peppers, and Spinach) • Coconut Sorbet
WEDNESDAY	• Coconut Juice out of the freshly cut open Coconut • Banana Bread • Scrambled Eggs & Corn Tortilla Chips w/ Mexican Green Tomato Sauce	• Basil lemonade • Carrot Soup • Greek Salad & Quinoar w/ Hummus & Pita bread • Yogurt Sorbet	• Mexican Caprese Salad (Tomato&Panela) • Grilled Portobello Mushroom in a balsamic Viniegra reduction on a bed of Mashed Potatoes • Apple & Pear Crumble
THURSDAY	• Grapefruit Green Juice • Amaranto Cereal w/ Soy Milk, Vanilla, Banana & Strawberry. •Mango Pineapple Crêpes w/ Orange Honey	• Orange Ginger Fresh Water • Poblano Pepper Soup • Fish Ceviche & Chips • Mexican Wedding Cookies	• Tomato Soup & Fish Cubes • Veggie Tamales • Mango Sorbet
FRIDAY	• Green Juice (Grapefruit, Celery, Parsley, Cactus Leaf) • Carrot Bread • Red Chilaquiles: Corn Tortilla Chips w/ Red Tomato Sauce served w/ Black Beans	• Pineapple Mango Orange Fresh water • Lentil Soup • Veggie Pesto Pizza • Fresh Lettuces / Strawberries Salad • Pecan Pie	• Coconut Ceviche & Chips • Sauteed Fish w/ Guajillo Pepper Butter Sauce • Apple Tatin
SATURDAY	• Pineapple Orange Juice • Cramberry Scones • Home Made Granola & Fruit • Scrambled eggs w/ Green Vegetables & Green Sauce	• Watermelon & Mint Fresh Water • Cold Soup • Veggie Sandwich • Choco Chip Cookie	