



SPA & BEAUTY
DELIGHTS



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LOVE YOURSELF,
PAMPER YOUR BODY

*Indulge your senses and let your
tension melt away.*

*Our expert therapists' hands will
lighten your heart and soul and do
wonders to your body.*

*The subtle stimulation of the
senses is the first step towards a
fully balanced state of mind.*







BODYWORK MESSAGES

SWEDISH MASSAGE

🕒 60 min \$ 95

A traditional Scandinavian mix of gentle strokes and therapeutic techniques that helps you release tightness and reach a long-lasting feeling of wellness. The Swedish massage is a highly effective detox bodywork that is exceptionally beneficial for increasing the level of oxygen in the blood.

HAPPY YOGI MASSAGE

🕒 60 min \$ 95

Restore your body after a vigorous yoga class with our signature healing massage that blends different techniques such as Deep tissue strokes, Reflexology, Thai massage stretching and the energetic balance of Reiki. The perfect package for our yogis.

DEEP TISSUE MASSAGE

🕒 60 min \$ 95

This massage is one of our favorites. It is designed to relieve pain and muscle tension throughout the body by using strong pressure contact. It is extremely beneficial because it reaches the deepest layer of muscles called fascia. The perfect therapy for a profound relaxation.

XINALANI 4 HANDS BLISS

🕒 60 min \$ 190

Our most exquisite experience. Two therapists work simultaneously on your body creating a choreographed flow of healing movements that will melt muscle tension and gently drive your mind and soul to utter delight.



HOLISTIC MESSAGES

THERAPEUTIC MASSAGE

🕒 90 min \$125

This treatment aims at relieving injuries and aching muscles with Reflexology and full long strokes that will improve stamina, lessen pain, increase flexibility and help prevent injuries. Talk with our therapist about your special needs.

HOT STONES MASSAGE

🕒 90 min \$ 125

This technique promotes deeper relaxation through the placement of smooth, heated river stones at key points on the body. The stones are also rubbed in long, flowing strokes on to the oiled skin. This blissful treatment will take you to an upper level of consciousness.

THAI MASSAGE

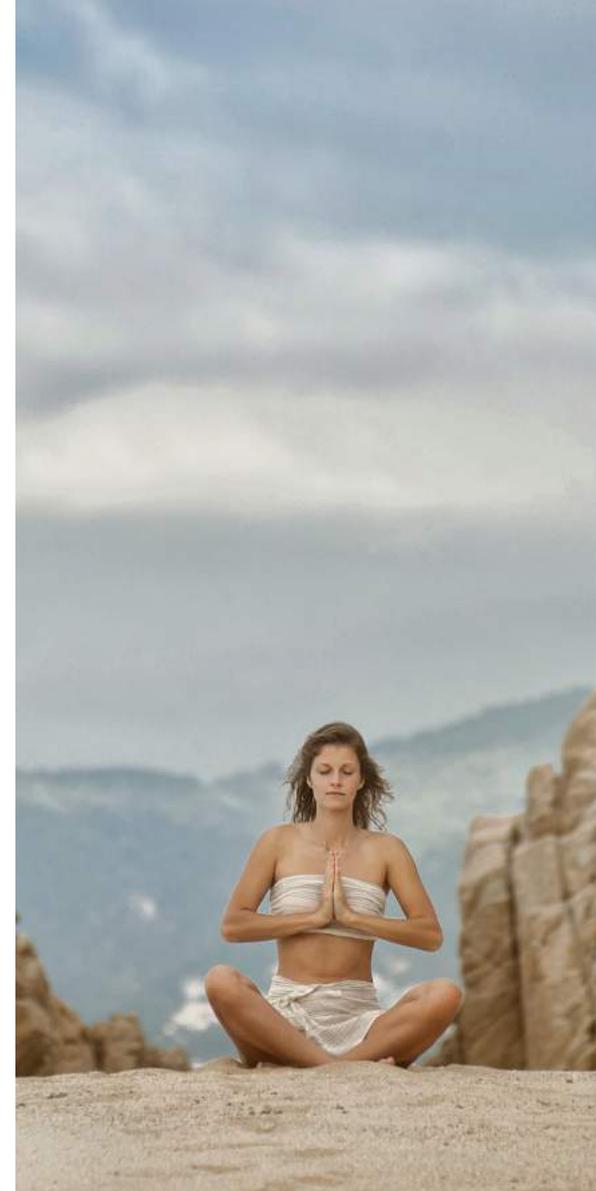
🕒 90 min \$ 125

A passive yoga practice, the Thai massage will bend your body into several asanas of various intensity. Using no oil, this firm massage realigns your whole being, increasing your vitality and resilience and creating wholeness of body, mind and spirit.

EMOTIONAL TRANSFER THERAPHY

🕒 90 min \$ 135

Emotional Transfer Therapies start with an assessment of your emotional schemes and the selection of the path you want to work on (Silence, Forgiveness, Faith or Harmony). Our therapist will then perform deep bodywork focused on the key points wired to the emotions you need to release.





SCRUBS & BODY TREATMENTS



TEQUILA BOOST

🕒 90 min 💰 \$125

Rejuvenating treatment ideal for people with sore muscles. Start your experience with a small tequila shot to relax, then enjoy a gentle exfoliation that prepares your skin to receive a refreshing massage with tequila oil. Enjoy the antioxidant benefits of the Mexican agave azul.

CHOCOLATE OBSESSION

🕒 90 min 💰 \$125

The cacao seeds benefits have been revered since prehispanic times because they increase endorphin levels & regulate mood, digestion and sleep. Start with an exquisite scrub and wrap that will prepare your skin for an aromatic chocolate oil massage. You'll end up with a fierce appetite for life.



COFFEE SENSUALITY

🕒 90 min 💰 \$125

Enjoy the anti-inflammatory benefits of coffee. This treatment is excellent to rejuvenate skin cells. Start your detox with a coffee blend exfoliation followed by a delicious coffee wrap and a gentle massage with coffee oil. Finally savor a freshly made espresso right from Xinalani's Bar.

SOOTHING ALOE SKIN REPAIR

🕒 60 min 💰 \$95

A refreshing treatment to conserve your skin's beauty and health after exposure under the Mexican sun.

Our therapist will use an Aloe Vera mud blend to nourish and restore your skin cells, then a soft relaxing massage with Aloe gel will follow.



FACIAL & DAY SPA

NOURISHING FACIAL

🕒 45 min \$ 95

For all types of skin, men and women

Awaken and rejuvenate your skin through our holistic facial with luxurious ingredients.

Relax deeply while our therapist soothes your face with hot towels, and applies an aromatic exfoliation and a nurturing mask that will restore your skin leaving it healthy and radiant.

Pressure point stimulation on the face and scalp completes the experience.

DAY SPA

🕒 120 min \$ 185

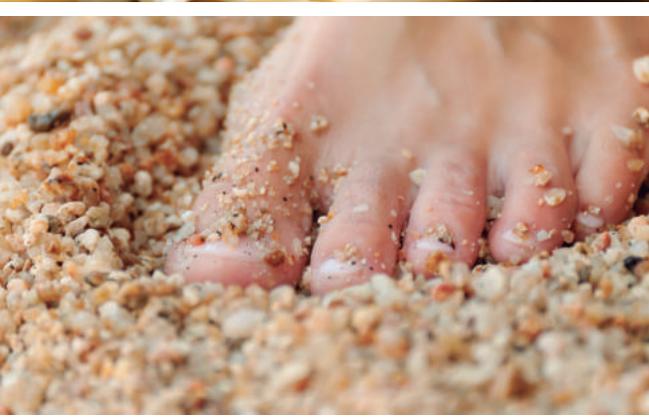
Includes scrub, massage and facial

Indulge your senses, relax and let us attend your beauty needs. The Day Spa package starts with a sea salt scrub that re-mineralizes your skin for a silky-smooth feeling.

Then our therapist will pamper you with a deeply relaxing massage that will unwind your body, mind and soul. To finish this journey into beauty, enjoy a nurturing facial that will give your face a sensual luminosity.

*Our spa beauty treatments will give lightness to your heart
and do wonders for your body and soul.*





HANDS & FEET TREATMENTS

MANICURE

🕒 45 min \$45

Beauty treatment for your hands and nails. Our therapist will apply a homemade scrub, and will clean, shape and strengthen your nails, leaving them perfectly polished.

PEDICURE

🕒 45 min \$55

Our pedicurist will gently soak and massage your feet before scrubbing dead skin cells. The cuticles will be removed, then shaped. Your toe nails will be polished and refreshed.

HANDS & FEET PACKAGE

🕒 90 min \$85

Get both treatments at a discount.

*Happiness is at its peak when one feels beautiful,
spa treatments will boost your radiance.*



SPA POLICIES

- > Reservations are made at the front-desk. Our receptionists can assist you in the correct selection of your treatments.
- > Listed prices are in USD, all local taxes included.
- > Treatments will be charged to your room's account and should be payed at check-out.
- > Gratuities are not included. We recommend a minimum of 15% gratuity for your therapist. You can pay tips in cash directly to the therapist, if not, you can sign for them, they will be charged to your room's account.
- > Please do not forget to show up for your appointment. No shows will be fully charged.
- > Spa services are not cancelable but can be rescheduled based on Spa availability if advised within 24 hours anticipation.
- > We recommend to be at Xinalani Spa 15 minutes before your appointment. Arriving late will limit the time of your treatment.
- > It is recommended to drink water before your service and to avoid taking a treatment with a full stomach.
- > For all guests who have any ailment or health condition we request you notify the Spa therapist before your service.

*Thank you and enjoy your
experience!*



WWW.XINALANIRETREAT.COM

